

# Calculation of Water Footprint and Land



## Vegetable Stew & Sausage

### Use

#### Arable Land Use Footprint

Ingredients	Quantity	Arable land use of products [m <sup>2</sup> /kg]	Arable land use [m <sup>2</sup> /portion]
Lentils	80g	4,84	
Potatoes	50g	0,23	
Peas	80g	1,71	
Celery	40g	0,21	
Sunflower oil	10g	6,41	
Sausage (pork meat)	80g	8,9	
Total:			

#### Water Footprint

Ingredients	Quantity	Water footprint of products [m <sup>3</sup> /kg]			Water footprint [m <sup>3</sup> /portion]		
		Green	Blue	Grey	Green	Blue	Grey
Lentils	80g						
Potatoes	50g						
Peas	80g						
Celery	40g						
Sunflower oil	10g						
Sausage (pork meat)	80g						
Totals:							

Have a look in the data sheets for the water footprint of crop & animal products.

**Watch out! The units of measure may differ!**  
1 ton = 1000 kg